

Summer 2026

Serving Seniors for Over 35 Years

650 North Jefferson Street • Roanoke, VA 24016 • 540-345-5111

Our Lady
OF THE VALLEY

Tony
Freeman



Business Office
Manager Hannah
Woodford dishes
out burgers.



Grover Martin
and his daughter
Teresa



Pictured right:
Billy Mottesheard smiles beside
his son Thomas. At left: Residents
Betty and Dan Mathews dine al
fresco with their daughter LeeAnn
and son-in-law Maurice.



KING OF THE GRILL

Our Father's Day "Burgers & Brews" event was pure fun on a bun! Our amazing dads and father figures filled their plates with freshly grilled burgers with all the fixings, sides, and drinks. We were excited for beautiful weather on our front porch, where families and friends gathered to celebrate the men who make Father's Day worth celebrating!



A Cup of Love



June Sink
(left) and
her daughter
Eleanor



Sally Rebscher
and her daughter
Deborah

Friends and family came together to honor the women in our lives with our annual Mother's Day Tea.

Guests enjoyed a variety of teas and treats—tea party style! We are so grateful for our amazing moms and the time we get to spend with one another!



Mary Ward
and her
daughter Risa



Wanda Paganelli
smiles with
daughter Bess.



Sue Watson (on right)
and daughter Jennifer
enjoy tea and company
on Mother's Day.



Rose
Dudley



Betty
Pence



Residents Frankie
Darnall and Shirley Lumsden
smile beside a Roanoke Catholic
volunteer. Below: Mary Ward enjoys
the the summer vibes and sweet
treats prepared by the Life
Enrichment team.

Bringing the Outdoors In

What makes a trip to the beach or local campground even better? Air conditioning! Our Summer Beach Bash was the perfect way for our Christopher Center residents to enjoy the festive food, music, and games that make a day at the ocean so much fun. But with much less sand! Sullivan Center residents took a virtual outing to go “glamping,” posing by their “campsite,” complete with scenic views but no mosquitos!



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CSM Senior Living
Management

Queen of the Kitchen

Assisted Living resident Judy Price has had a lifelong love of cooking and baking. She shares that passion by organizing a weekly cooking and baking class for fellow residents, where she teaches them how to make favorites like dump cakes, pickled vegetables, and other homemade treats.

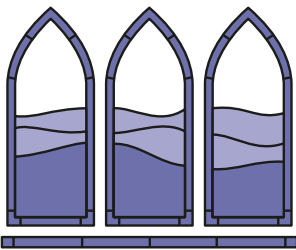
“When I was a little girl, I lived on a farm in Craig County with my family and grandparents, and I loved cooking for everyone,” states Judy. “When I was eight years old, I baked a cake for my grandpa, but I forgot to add the flour, so it didn’t rise. He still told me it was the best cake he’d ever had!”

Judy notes that her favorite dish to cook is crockpot roast beef and green bean casserole. Rum cake is her favorite thing to bake. Cooking and baking have always been a family affair for her: “My mother taught me how to cook. It helps relieve stress and brings me so much joy. Being able to share that joy with others through our weekly classes makes it even more special!”

*Judy with
her famous
pickles!*



Our Lady of the Valley is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.
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650 North Jefferson Street
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More than care. It's family.

