KING OF THE GRILL

Tony Freeman

Our Father's Day "Burgers & Brews" event was pure fun on a bun! Our amazing dads and father figures filled their plates with freshly grilled burgers with all the fixings, sides, and drinks. We were excited for beautiful weather on our front porch, where families and friends gathered to celebrate the men who make Father's Day worth celebrating!

Business Office Manager Hannah Woodford dishes out burgers.

Grover Martin and his daughter Teresa

Pictured right: Billy Mottesheard smiles beside his son Thomas. At left: Residents Betty and Dan Mathews dine al fresco with their daughter LeeAnn and son-in-law Maurice.

A Cup of Love

June Sink (left) and her daughter Eleanor

Sally Rebscher and her daughter Deborah

Friends and family came together to honor the women in our lives with our annual Mother's Day Tea. Guests enjoyed a variety of teas and treats—tea party style! We are so grateful for our amazing moms and the time we get the spend with one another!

Mary Ward and her daughter Risa

Wanda Paganelli smiles with daughter Bess.

Sue Watson (on right) and daughter Jennifer enjoy tea and company on Mother's Day.

Rose Dudley

Betty Pence

Bringing the Outdoors In

What makes a trip to the beach or local campground even better? Air conditioning! Our Summer Beach Bash was the perfect way for our Christopher Center residents to enjoy the festive food, music, and games that make a day at the ocean so much fun. But with much less sand! Sullivan Center residents took a virtual outing to go "glamping," posing by their "campsite," complete with scenic views but no mosquitos!

Residents Frankie Darnall and Shirley Lumsden smile beside a Roanoke Catholic volunteer. Below: Mary Ward enjoys the the summer vibes and sweet treats prepared by the Life Enrichment team.

The CSM Community Family

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CSM Senior Living Management

Queen of the Kitchen

Assisted Living resident Judy Price has had a lifelong love of cooking and baking. She shares that passion by organizing a weekly cooking and baking class for fellow residents, where she teaches them how to make favorites like dump cakes, pickled vegetables, and other homemade treats.

Judy with her famous pickles!

"When I was a little girl, I lived on a farm in Craig County with my family and grandparents, and I loved cooking for everyone," states Judy. "When I was eight years old, I baked a cake for my grandpa, but I forgot to add the flour, so it didn't rise. He still told me it was the best cake he'd ever had!"

Judy notes that her favorite dish to cook is crockpot roast beef and green bean casserole. Rum cake is her favorite thing to bake. Cooking and baking have always been a family affair for her: "My mother taught me how to cook. It helps relieve stress and brings me so much joy. Being able to share that joy with others through our weekly classes makes it even more special!"

Our Lady of the Valley is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.
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Our Lady of the Valley

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