

Serving Seniors for Over 35 Years

650 North Jefferson Street • Roanoke, VA 24016 • 540-345-5111

Our Lady
OF THE VALLEY

Santa entertains the guests by reciting "Twas the Night Before Christmas."



Barbara Markham



Santa and Mrs. Claus brought the smiles, the songs, and the holiday cheer in the days leading up to Christmas! The most popular couple of the season spent time taking photos and singing Christmas carols with our residents. We are happy to report that all of our residents were on the "nice" list!

Santa Surprises



Three's company! Suzanne Hooper is the perfect match (in green) with Santa and Mrs. Claus.



Patsy Milam



Cecil "Andy" McCullar

Gerry
Minter

A Blizzard of Brush Strokes

Our latest “paint and sip” party was a hit for our creatively inclined residents. The drink menu included something for everyone—wine, margaritas, and cola. And with its floor-to-ceiling windows and tons of natural light, the Conservatory was the perfect place to paint.

Betty
Matthews

Judith Buckwalker
paints a frost and happy
snowman. At right, a
work-in-progress shows
how our snowmen
evolved.

A dab here and a
dab there! Each resident
created a unique snowman
on a cool, winter
background.





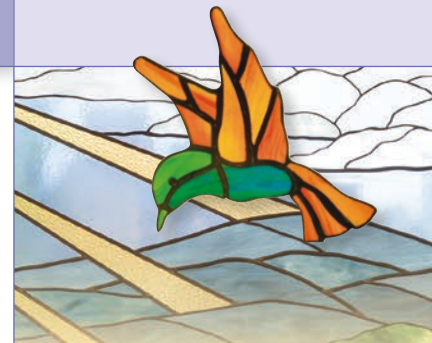
Dave Zachar (above) and Barbara Markham (right) play with our friendly local preschoolers!



Betty Mills

The Stars of Northstar

Junior visitors are our favorite! Thank you to the team at Northstar Childcare for another lovely visit to our Christopher Center. We shared snacks, smiles, and hands-on activities with our young friends, and we look forward to their next visit.



The CSM Community Family

Chesterbrook Residences
Residential Living, Assisted Living
Falls Church, Virginia • 703-531-0781

Marian Manor
Assisted Living,
Intensive Assisted Living
Virginia Beach, Virginia • 757-456-5018

Mennowood
Independent Living, Assisted Living,
Memory Care
Newport News, Virginia • 757-249-0355

Our Lady of Peace
Residential Living, Assisted Living,
Memory Care, Nursing Center
Charlottesville, Virginia • 434-973-1155

Our Lady of Perpetual Help
Extensive Assisted Living,
Memory Care, Nursing Center
Virginia Beach, Virginia • 757-495-4211

Our Lady of the Valley
Assisted Living, Memory Care,
Intermediate & Skilled Nursing Center
Roanoke, Virginia • 540-345-5111

Potomac Place
Assisted Living, Memory Care
Woodbridge, Virginia • 703-494-3817

St. Mary's Woods
Residential Living, Assisted Living
Richmond, Virginia • 804-658-2085

Tall Oaks Assisted Living
Assisted Living, Memory Care
Reston, Virginia • 703-834-9800

A Walk through the Valley

Thank you to our wonderful community partners who decorated Christmas trees, which were displayed throughout December in our rehab center. Everyone looks forward to this annual tradition that fills our halls with bursts of holiday cheer!



A candy creation (sponsored by Stephen Meador of MeadorCare) was one of many trees that illuminated our nursing and rehab wing.



Introducing lifeloop

We are excited to debut LifeLoop, our new communication and life enrichment platform designed to help loved ones stay more connected to residents' daily experiences. LifeLoop provides a secure way to stay "looped" in.

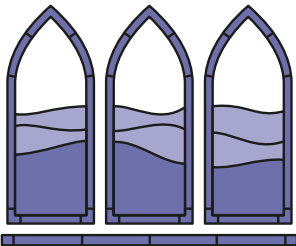
- View daily and monthly activity calendars
- See photos and updates from community events
- Receive important announcements and reminders
- Message our Life Enrichment team
- Stay connected to what matters most in your loved one's day-to-day life
- Send free weekly postcards to your loved one (we're really excited about this fun feature!)

Questions?
Contact our
Director of Life
Enrichment.

In early 2026, families will receive an invitation email with instructions about how to create a LifeLoop account. Be on the lookout for this important email!



Our Lady of the Valley is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.
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More than care. It's family.

