

How Can We Help You?

Meagan Seale—Ext. 1701
Executive Director
MSeale@ourladyofthevalley.com
Michael Davis—Ext. 1717
Assistant Administrator
MDavis@ourladyofthevalley.com
Justin Blakey
Director of Maintenance
jblakey@ourladyofthevalley.com
Kayla Meador—Ext. 1702
Director of Admissions & Marketing
KMeador@ourladyofthevalley.com
Hannah Porter
Director of Life Enrichment
hporter@ourladyofthevalley.com
Cherokee Padgett—Ext. 1712
Director of Social Services
CPadgett@ourladyofthevalley.com
Romell Barbes—Ext. 1719
Director of Talent Development
RBarbes@ourladyofthevalley.com
April Yost—Ext. 1706
Director of Admissions (AL & MC)
AYost@ourladyofthevalley.com
Andre Starks—Ext. 1715
Dining Services Director
AStarks@ourladyofthevalley.com
Jamise Hardy—Ext. 1709
Business Office Manager
JHardy@ourladyofthevalley.com
Danci Laprade—Ext. 1703
Director of Nursing – Nursing & Rehab
DLaprade@ourladyofthevalley.com
Rhonda Witt—Ext. 1714
Director of Nursing – Assisted Living/Memory Care
RWitt@ourladyofthevalley.com
Asia Kirtley—Ext. 1700
Administrative Assistant
akirtley@ourladyofthevalley.com
Kristen Hill—Ext. 1700
Weekend Receptionist
KHill@ourladyofthevalley.com
Karen Wilbourne
Life Enrichment Coordinator
KWilbourne@ourladyofthevalley.com
Angie Fellows—Ext. 1711
Housekeeping and Laundry Supervisor
AFellows@ourladyofthevalley.com
Nahzha Jones—Ext. 1708
Payroll Coordinator
njones@ourladyofthevalley.com
Brandy Fralin—Ext. 1724
Director of Community Relations & Marketing
BFralin@ourladyofthevalley.com
Lorie Holter—Ext. 1704
Pastoral Counselor
lholler@ourladyofthevalley.com

June Birthdays

In astrology, those born between June 1–21 are Gemini’s Twins. Geminis love conversation, and they’re good at it too! Witty, intellectual, curious, charming, and imaginative, they’re often the life of the party. If you were born between June 22–30, that makes you a Crab of Cancer. Crabs are nurturers, dedicated to their home and family. Gentle and kind, they love storytelling around the dinner table and enjoy upholding traditions. Celebrities born in June include:

Andy Griffith (actor) – June 1, 1926
Morgan Freeman (actor) – June 1, 1937
Curtis Mayfield (singer) – June 3, 1942
Dean Martin (singer, actor) – June 7, 1917
Joan Rivers (comedian) – June 8, 1933
Gene Wilder (director) – June 11, 1933
Burl Ives (singer) – June 14, 1909
Meryl Streep (actress) – June 22, 1949
June Carter Cash (singer) – June 23, 1929
Mel Brooks (actor) – June 28, 1926

June Birthdays at OLOV

- 2 Mary Barrow
- 3 Dan Mathews
- 4 Geraldine “Gerry” Minter
- 9 Paul Tappert
- 9 Wanda Brown
- 9 Annette Byrd
- 10 Betty Mathews
- 16 Marie Waid
- 16 Lois Scruggs
- 22 Carol King
- 25 Rose Dudley



Valley Voices

Our Lady of the Valley | 650 North Jefferson Street, Roanoke, VA 24016 | 540.345.5111



Celebrating June

Fireworks Safety Month

Women’s Golf Month

Great Outdoors Month

Say Something Nice Day

June 1

Turtle Races Day

June 7

Yarn Bombing Day

June 11

Old Time Fiddlers Week

June 16–21

International Sushi Day

June 18

Flip-Flop Day

June 20

Lightning Safety
Awareness Week

June 22–28

Day of the Seafarer

June 25

Last Month at Our Lady of the Valley

We kicked off last month with celebrating Cinco de Mayo with entertainment by SammyP on the porch, margaritas, and a sweet treat! What more could you ask for?

The Friday before Mother’s Day was packed with lots going on. That morning, we went on a tour across the street at the Basilica of Saint Andrew where we had our very own tour guide to take us through the history of the church and let us ask any questions we had. It was such a beautiful sight and informative tour. Later that after noon we celebrated Mother’s Day with a Mother’s Day Tea. We offered an assortment of teas, a mimosa cart, finger sandwiches, desserts, and entertainment with Amy Andrews. Families, friends, and residents were all welcome! Everyone had a lovely time.

The monthly Men’s Group went on an outing to dinner at Sal’s Italian Restaurant for some delicious food and wine. The monthly Women’s Group went on an outing to dinner at Cheddar’s Scratch kitchen for a home cooked meal and cocktails. We look forward to where we will be going next month.

We enjoyed our regular monthly musical performances with music therapy with Jane from Allegro, Classic Radio Hour with Josh Urban, Aiden and Blane Jazz Duo, Amy Andrews, and Marc Baskind! In addition to our regulars, we were joined by Patrick Henry High School Choir members who put on a special performance for us one morning. The pure talent of those students was truly breathtaking!

The Master Gardeners are looking forward to helping us plant our raised garden beds next month and even let us vote on what type of plants/flowers we would like to plant. Get ready to get your hands dirty!

Be on the lookout for what’s to come in the summer months and enjoy time spent outside on the porch!

Pastor’s Corner

Do Not Quench the Spirit

The voice of the Spirit of God is as gentle as a summer breeze. In 1 Kings 19:12, the passage describes how God revealed himself to Elijah not through dramatic natural phenomena like wind, earthquake, or fire, but through a "still small voice".

1 Thessalonians 5:16-19 Rejoice always, pray continually, give thanks in all circumstances; for this is God’s will for you in Christ Jesus.

Do not quench the Spirit.

As each has received a gift, use it to serve one another, as good stewards of God's varied grace: whoever speaks, as one who speaks oracles of God; whoever serves, as one who serves by the strength that God supplies—in order that in everything God may be glorified through Jesus Christ. To him belong glory and dominion forever.

May you share the Spirit,
Lorie Holter,
OLOV Pastoral Counselor

Reel Nostalgia

Every year on June 6, movie lovers celebrate Drive-In Movie Day, honoring the classic American pastime of outdoor cinema. This date marks the anniversary of the first-ever drive-in theater, which opened in Camden, New Jersey, in 1933. Invented by Richard Hollingshead, the drive-in provided families with an affordable and comfortable way to enjoy movies from their cars.

At their peak in the 1950s and 1960s, drive-in theaters numbered over 4,000 across the U.S. Though their popularity declined with the rise of indoor multiplexes, drive-ins have seen a resurgence, especially during the pandemic, when social distancing was necessary.

Drive-In Movie Day is a great excuse to relive the magic of watching a film under the stars. Whether you visit a classic venue or set up a backyard screen, it’s a perfect way to enjoy cinema in a unique, nostalgic way!

Cool Sips, Hot Days



Not that you need an excuse to enjoy a cool, refreshing glass of iced tea, but June 10 is Iced Tea Day. You can enjoy it with a slice of lemon or sweetened with sugar or honey. Looking for a new take on tea? You can jazz it up with a sprig of mint, thyme, or lemongrass, or freeze it to make iced-tea pops.

Unwilling to play second fiddle to any drink, lemonade enjoys its own holiday on June 21. Lemonade Day is not just for sipping lemonade but also for starting up lemonade stands and celebrating the entrepreneurial spirit. Perhaps the next big thing to hit stands this June will be the Arnold Palmer, that perfectly refreshing mix of iced tea and lemonade.

Valley Happenings

- Monday, June 2nd
Join us on the porch for some music with SammyP at 2:30pm!

Wednesday, June 4th
Come down to the lobby at 10am for some music with a new group we have never hosted before called the Simplicity Singers!

Thursday, June 5th
The van will load up at 1:30pm for an outing to Walmart. Please sign up at the front desk.

Tuesday, June 10th
Master Gardeners will be joining us for their monthly program at 1pm. Get ready to plant some plants/flowers!

Wednesday, June 11th
The Men’s Group will go on their monthly outing to dinner at Beamer’s 25! Please sign up at the front desk if interested.

Thursday, June 12th
The van will load up at 1:30pm for an outing to Goodwill. Please sign up at the front desk.

Friday, June 13th
Let’s celebrate Father’s Day with a Burgers and Brew Cookout on the front porch! Come out to enjoy some delicious burgers hot off the grill, sides, dessert, and some beer! This will happen from 11am-1pm.

Jane with Allegro Music Therapy will be joining us in the lobby at 2:15pm.

Monday, June 16th
Join us in the lobby at 6:30pm with music with the Sojourner Quartet. You won’t want to miss this!

Tuesday, June 17th
The Food Committee Meeting will be held at 10:45am in the activity room. Andre Starks, Director of Dining Services will run the meeting and all are welcome.

Wednesday, June 18th
We will enjoy pet visits with either Mocha or Lightning in the lobby at 3pm. Come get your pets in!

We will have our Classic Radio Hour with Josh Urban on the porch following at 3:30pm.

Thursday, June 19th
The van will load up at 1:30pm for an outing to Dollar General. Please sign up at the front desk.

Join us in the lobby at 3pm for Music with The Brothers Young!

Attention

- Rosary Prayer Group** is held every 1st and 3rd Wednesday of the month at 1pm in the Chapel.

Emmaus Bible Fellowship and Hymns is held every 2nd and 4th Tuesday of the month at 6:30pm in the lobby.

Bus to the Basilica of Saint Andrew takes a van over every Sunday at 8:30am for 9am mass.

Joy Ride is held every Sunday at 10:30am after everyone is back from mass.

*****Walmart Trips*****

Walmart trip are a very popular trip and are always full with a waiting list. To make it fair for everyone, if you are signed up for the first outing to Walmart please let others have the opportunity to sign up for the next trip to Walmart. If you want to sign up for both, the second trip you sign up for you will be added to the waitlist first.
- Friday, June 20th
Join us on the porch for some music with Leslie Brooks!

Tuesday, June 24th
Amy Andrews will be joining us for music at 2:30pm in the lobby!

Wednesday, June 25th
Come to the lobby at 10am for music with Adam Williams! He was one of the gentlemen that joined us from Patrick Henry High School Choir in May. You won’t want to miss out!

Come celebrate all the May birthday’s at 6pm with Marc Baskind and refreshments!

Thursday, June 26th
The van will load up at 1:30pm for an outing to Walmart. Please sign up at the front desk.

Friday, June 27th
The Women’s Group will go on their monthly outing to lunch at Cracker Barrel. Please sign up at the front desk.

Monday, June 30th
Resident Council Meeting will be held by Hannah Porter, Director of Life Enrichment at 10:45am in the activity room. All are welcome to attend!