

Serving Seniors for Over 35 Years

650 North Jefferson Street • Roanoke, VA 24016 • 540-345-5111

Our Lady
OF THE VALLEY

Open House & Open Hearts

Our Lady of the Valley celebrated the holidays with an assisted living open house. Our wonderful chefs served scrumptious hors d'oeuvres and delightful drinks. The sounds of live music and laughter with loved ones filled our hearts with holiday joy.



John Peters
and brother
Dan Peters

Willie
Wingfield (left) and
Gerri Minter



Stuart
Dillon



Arthur
Wingfield





The Roanoke Catholic Dance Team (left) and their live nativity performers entertained residents on separate occasions.



Be our Guests

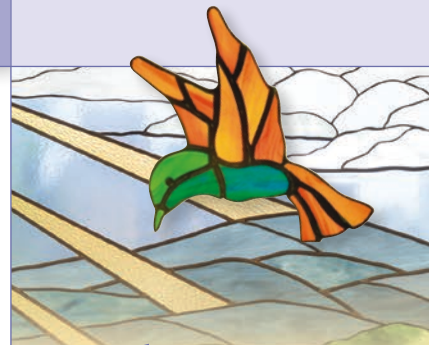
Special visitors filled our halls during the winter season, sharing their gifts, smiles, and talents to with our community. Residents were grateful to everyone who was so generous with their time and energy!

Santa and Mrs. Claus with Ginger Barton (left), and Lila Belongia deliver holiday cheer.

The Lord Botetourt High School Random Acts of Kindness Club help residents wrap gifts for their Secret Santa exchange.



Mrs. Claus and Rosemarie Novotny pose for the camera.



The CSM Community Family

Chesterbrook Residences
Residential Living, Assisted Living
Falls Church, Virginia • 703-531-0781

Marian Manor
Assisted Living,
Intensive Assisted Living
Virginia Beach, Virginia • 757-456-5018

Mennowood
Independent Living, Assisted Living,
Memory Care
Newport News, Virginia • 757-249-0355

Our Lady of Peace
Residential Living, Assisted Living,
Memory Care, Nursing Center
Charlottesville, Virginia • 434-973-1155

Our Lady of Perpetual Help
Extensive Assisted Living,
Memory Care, Nursing Center
Virginia Beach, Virginia • 757-495-4211

Our Lady of the Valley
Assisted Living, Memory Care,
Intermediate & Skilled Nursing Center
Roanoke, Virginia • 540-345-5111

Potomac Place
Assisted Living, Memory Care
Woodbridge, Virginia • 703-494-3817

St. Mary's Woods
Residential Living, Assisted Living
Richmond, Virginia • 804-658-2085

Tall Oaks Assisted Living
Assisted Living, Memory Care
Reston, Virginia • 703-834-9800



Service with a smile!
From left: Life Enrichment Team Members Cindy Lee and Karen Wilbourne, CNA Monica Mattox, CNA Antonio Simms, and Director of Life Enrichment Hannah Porter.

at the Christopher Center Friendsgiving

Thanksgiving is about home cooking, gathering around the table, and sharing laughter and love. This Thanksgiving, our Christopher Center team donned their aprons, found their best holiday recipes, and served up a lovely, family-style meal for residents. Sweet friends are what we are all most thankful for!



Frances Arrington



Mary Pyne enjoying all the delights of our friendsgiving buffet!



101 Years Young

Two of our residents have proven that age is just a number. Josephine Ellis and Margaret Halley have both surpassed the century mark, celebrating their 101st birthdays while at Our Lady of the Valley. Feisty and active, they have proven to be young at heart. What an honor it is for us to learn from their wisdom and positive approach to life!



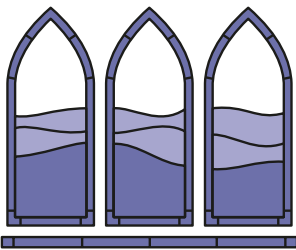
Josephine in 1943 and celebrating her most recent birthday.



Margaret on her 101st birthday and on her wedding day.



Our Lady of the Valley is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.
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More than care. It's family.

