

# OUR LADY OF THE VALLEY

## Rehab Success Story:

### Walter Powell

#### REHAB PROFILE

*Reason for rehab:*

Heart attack followed by triple bypass surgery.

*Goals for recovery:*

Return home to his independent lifestyle.

*Therapy required:*

Physical and Occupational

*Timeline:*

Start of care—July 31, 2023

End of care—August 23, 2023

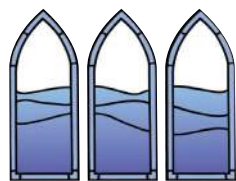
Physically active and hardworking, Walter Powell may seem like an unexpected candidate for rehabilitative care. The Martinsville-native worked in maintenance at the local sheriff's office for 14 years and at the Martinsville Speedway for 25 years! He has also served as a firefighter for more than three decades and enjoys cutting his own wood.

However, Mr. Powell was forced to slow down after suffering from a heart attack followed by a triple bypass procedure—a major open-heart surgery. Physical and occupational therapy were prescribed and have helped him return to the lifestyle he loves.

*Above, Mr. Powell enjoys his favorite space at Our Lady of the Valley: the new outdoor courtyard.*

*"Everyone has been so helpful and nice, from the nurses to the housekeeping team."*

*-Walter Powell*



*Our Lady*  
**OF THE VALLEY**  
RETIREMENT COMMUNITY

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