

*Our Lady*  
OF THE VALLEY

# Serving Seniors for Over 30 Years

650 North Jefferson Street • Roanoke, VA 24016 • 540-345-5111

## 'Tis the Season for Family

What's the recipe for a festive Open House event? Start with delicious hors d'oeuvres served with hot cider or punch. Add some live music to include classic carols and holiday favorites. Invite friends and family and top it off with a sprinkle of joy and plenty of laughter. On December 8, these ingredients came together to produce a memorable evening with loved ones and neighbors – you can tell by the smiles!



Bev Lottermoser with her granddaughter (left) Victoria and great-grandson Everett.



Vicki Damico with her mom, Velma Graves.



Lucille Bowling (seated) with her youngest sister Lois Ayersman (left) and daughter Donna Bowling.



Bill Arnold



Janet Gilmore and her mom, Daisy Gocsik.

## Oh, the Pasta-bilities!

If you're a fan of cooking shows, you know there is one thing missing: you don't get to taste the food. However, residents who attended a recent cooking demonstration by Chef Devon got the best of both worlds.

After watching her work her magic at the portable cook-top, they got to savor a bowl of homemade pasta with made-from-scratch alfredo sauce. All we can say is "yum!"

*Jean Brooks*

*Donald Lipscomb*

*Chef Devon loves making food that residents enjoy!*

## Greetings from the North Pole

While December is busy for Santa and Mrs. Claus, they always make time for the residents of Our Lady of the Valley.

*Clara Bond smiles with Santa and Mrs. Claus.*

*It's a "Christmas Carol!" Carol Collett-White is all smiles with our guests.*

*Martha Kreider with the famous couple.*





## The Coordinated Services Management Community Family

Joan Devlin (left) and Gerry Minter make quite the royal pair.



Director of Life Enrichment Hannah Porter with Joan Devlin.

## A Downtown Tradition

Our annual outing to visit the Hotel Roanoke's "Fashions for Evergreens" display has become an Our Lady of the Valley tradition. Each year, new Christmas tree designs and special decorations dazzle and delight!

Inez Mitchell (bottom right) and Judy Buckwalter pose with an oversized nutcracker and enjoy the beautiful holiday decorations (above right).



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Betty Ries cheerfully grins, playing a loving Grinch!

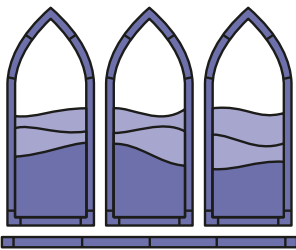


# Bringing the Holiday Spirit Home

Residents were treated to several holiday performances right in our building! Without ever leaving home, they enjoyed caroling with piano and flute accompaniment by the Thursday Morning Music Club. On another occasion, Roanoke Catholic School's Celtics Dance Club shared their "Snowflake" performance and presented residents with candy canes and homemade cards.



Our Lady of the Valley is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.  
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*More than care. It's family.*



BEST ASSISTED LIVING  
IN ROANOKE

