

*Our Lady*  
OF THE VALLEY

# Serving Seniors for Over 30 Years

650 North Jefferson Street • Roanoke, VA 24016 • 540-345-5111

# Dedication and Blessings



Spring is a time to celebrate new things! Our dedication, held in late April, was a time to reflect on recent additions to our community and exciting changes to our care and services.

Many special guests and speakers, including The Most Reverend Barry C. Knestout, D.D., Bishop of the Catholic Diocese of Richmond, were present for the ceremony and reception. Bishop Knestout blessed the new Christopher Center (now offering memory care), Chapel, and Nursing and Rehab Center. Donors who have contributed to the funds for our new Chapel's stained glass windows were thanked and all in attendance were encouraged to take a stained glass star ornament as a favor.

Following the formal program, residents, family members, and guests explored the new spaces while enjoying hors d'oeuvres and desserts.

*The Most Reverend Barry C. Knestout, D.D. offers greetings to residents in the rehabilitation center.*



*Our new Chapel and Christopher Center sunroom.*



# Living Life in Full Bloom

We are fortunate to have a local Master Gardeners Group that visits each month to lead fun and engaging programs. In preparation for filling our new raised gardening beds, residents grew small plants from seeds in indoor pots. When the big day finally arrived, those seedlings and flowers were transplanted from pots into the outdoor beds.

Master Gardeners were on hand to help plant tomatoes, herbs, flowers, and so much more! Residents have a watering schedule to follow to ensure that the new life flourishes. We look forward to watching our garden grow!

*Joann Woody works to complete her physical therapy.*



*Inez Mitchell (above) chats with a volunteer during a planting session, while Laura Thomas (right) admires the new growth.*



## Hats Off to Our Rehab Graduates

Physical therapy, occupational therapy, or speech therapy – no matter what you need to get “back on your feet,” the Genesis team at Our Lady of the Valley is here to help! Patients come to us following illness, injuries, pre-planned surgeries, and other medical events. Meet a few of the wonderful folks who have recently “graduated” following successful rehabilitation stays!

*Joseph Woolwine was all smiles during his recovery. Lois Scruggs (right) enjoyed planting flowers as part of her occupational therapy.*



# Magnificent Moms!

To honor our mothers and all the wonderful women in our lives, Our Lady of the Valley hosted a delightful Mother's Day Tea for residents and their loved ones. Over 60 residents and guests spent quality time together, laughing and making memories over tea and other refreshments while a harpist provided live music.



*Mildred Meador and her son, Steve.*



*Billie Neal with her daughter, Donna Kerfoot.*



*Cindy Harvey with her mom, Dorothy Wade.*



*Carol Collett-White (in red) had a lovely afternoon with her guests Jacqueline Layman (far left) and Cindy Bandy.*



## The Coordinated Services Management Community Family

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## On the Porch with Popsicles!

Gathered on our front porch, residents shared what they imagined their “perfect day” might look like while enjoying delicious popsicles!

Among the ideas were boating on the lake, camping in the crisp fall weather, beach trips with family, hiking, campfires, time with grandchildren, picnics, and being with their spouses. It was an unforgettable evening of listening, sharing, and caring!

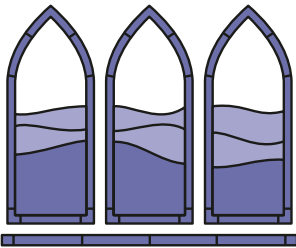
*Inez Mitchell toasts Ann Williams (center), who responds in kind with a salute-sicle!*



*Gladys Light (left) and Jean Brooks enjoy each other's company and a cool treat.*



Our Lady of the Valley is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.  
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*More than care. It's family.*