

A Gracious Caring Retirement Community

650 North Jefferson Street • Roanoke, VA 24016 • 540/345-5111

Our Lady
OF THE VALLEY

COVID-19 Changed our normal routine, but we can still *Have a Good Time!*

Residents enjoyed having their caricature drawings done while remaining safely behind the glass of the front doors. Thank you, Kyle Edgell, for helping to bring some wonderful artwork and smiles to the Our Lady of the Valley residents during this unsettling time.

*Looks just like resident
Lou Romasco!**



*Inez Mitchell is pleased with her
caricature drawing.**



Kyle Edgell

Artist and Humor Professional

Association of Applied Therapeutic Humor
International Society of Caricature Artist*

FREE CARICATURES

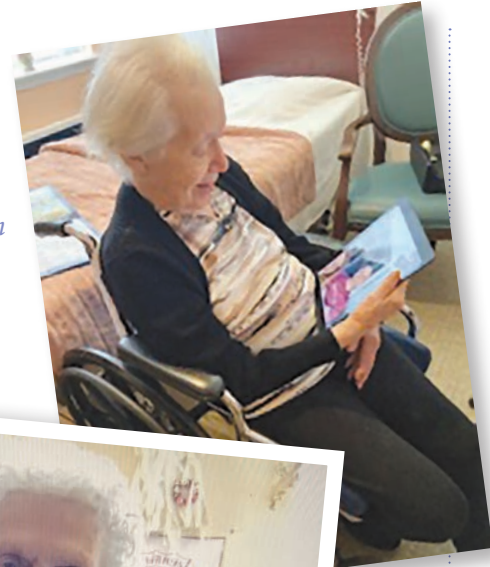
Rules:

DON'T: Look frozen, Smile weird,
Tell your kid what to do, be on your phone,
or forget to breath.

DO: Say hello, Be kind, Tell a joke, Do a happy dance,
Have an attitude, Sing, Laugh, Fake Laugh,
Wiggle, Jiggle, and Breathe

Helping Residents Stay In Touch Is a Success

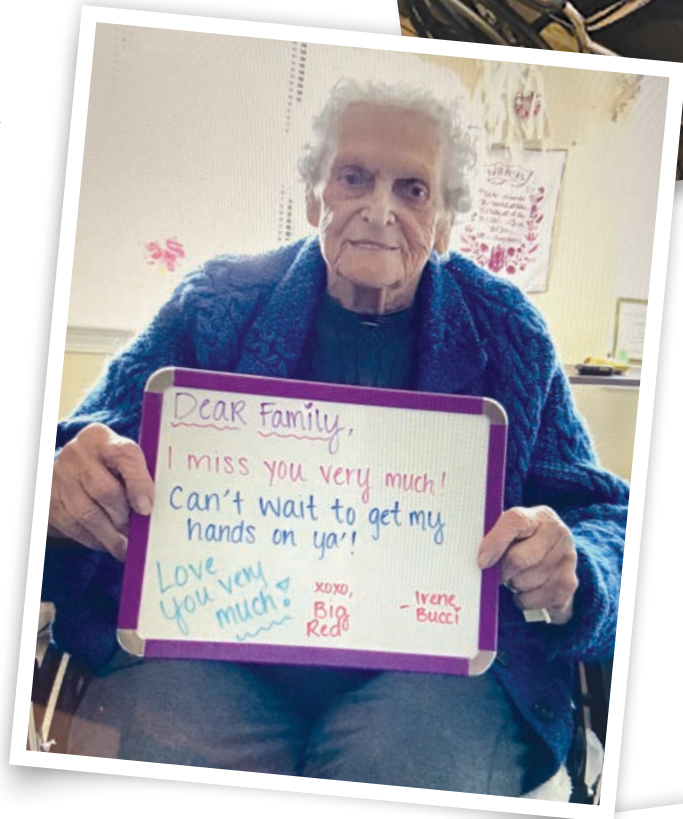
From posting notes to FaceTiming, window visits and more, the activities staff has done a wonderful job helping residents keep in touch with their families during this quarantine. They have missed their families but have been very patient with keeping themselves and everyone else safe and healthy.



Betty Kinder enjoys FaceTiming with her family.*



Resident Phyllis Williams sends poems to her family.*



Irene Bucci sends messages of love to her family.*

Bless our Local Community for its Gracious Help

Staff have so appreciated the wonderful gifts from our loving families and the community during these difficult times. Nothing feels better than knowing you are appreciated and loved for all the hard work and long hours spent taking care of the residents and each other.

Longhorn Steakhouse provided a welcome lunch for the staff.



Rosie's Gaming Emporium and Donna Bowling provided delicious pizza for the staff.

Thank you, Sue Wertz, daughter of Stephen Sboray, for gift bags.



Popular Show and Tell Party

Residents enjoyed having a show and tell and sharing wonderful stories about the items that have special meaning in their lives and the history behind them.

*Mildred Meador shares family pictures with the group.**



*Gladys Light describes a family picture during show and tell.**

You Don't Have to be Irish to Celebrate St. Patrick's Day

Even though our pub-themed St. Patrick's Day celebration was cancelled due to COVID-19, some residents and staff enjoyed sharing in the spirit of the holiday and wearing of the green!

*Despite no party, Inez Mitchell gets in the spirit of the day!**



*Resident Betty McLawhorn parties with Jackie Holton, Assisted Living Administrator.**

Our Lady of the Valley Gives Back

Our Lady of the Valley donated 40 gift bags to the Roanoke Rescue Mission. Each bag contained a blanket, toilet paper, bottles of water, snacks and other hygiene items.

During this trying time, Our Lady of the Valley wanted to help support those that might be finding it hard to find items with so many businesses being closed.

From left to right: Tom Sawyer, Director of Marketing and Admissions; Jackie Holton, Assisted Living Administrator; Kayley Brookman, Assisted Living Director of Nursing; and, Sandie Donald, Director of Marketing and Community Relations.



The Coordinated Services Management Community Family

Our Lady of Hope

Assisted Living, Alzheimer's Center, Intermediate & Skilled Nursing Center
Richmond, Virginia • 804/360-1960

Our Lady of Peace

Residential Living, Assisted Living, Nursing Center, Alzheimer's Center
Charlottesville, Virginia • 434/973-1155

Our Lady of Perpetual Help

Extensive Assisted Living, Alzheimer's Center, Nursing Center
Virginia Beach, Virginia • 757/495-4211

Potomac Place

Assisted Living, Enhanced Assisted Living, Alzheimer's and Dementia Center,
Woodbridge, Virginia • 703/494-3817

Tall Oaks at Reston

Assisted Living, Alzheimer's Center
Reston, Virginia
Admissions 703/834-5424
Administration 703/834-9800

Marian Manor

Assisted Living, Intensive Assisted Living
Virginia Beach, Virginia • 757/456-5018

St. Mary's Woods

Residential Living, Assisted Living
Richmond, Virginia • 804/741-8624

Dunlop House

Assisted Living, Alzheimer's Center
Colonial Heights, Virginia • 804/520-0050

Chesterbrook Residences

Assisted Living
Falls Church, Virginia • 703/531-0781

Mennowood

Independent Living, Assisted Living, Memory Care
Newport News, Virginia • 757/269-4254



Our normal events are temporarily suspended for safety reasons.

We encourage you to keep watching our Facebook page and website for updates on special events.

At this time, we are focusing on in house individualized activity programs to keep our residents socialized and engaged.

We are unsure at this time when we will be able to reduce or eliminate these restrictions.

As always, we will continue to follow the recommendations of the CDC and VDH.

Please visit our website at www.ourladyofthevalley.com. Call 540/345-5111 for more information about exceptional living opportunities at Our Lady of the Valley.

*Note that we are committed to following all CDC guidelines including wearing masks for residents and staff. Some of these pictures were taken before those guidelines were put in place or in an environment that allowed for social distancing.



Our Lady of the Valley is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.
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For information or assistance, please call 540/345-5111.



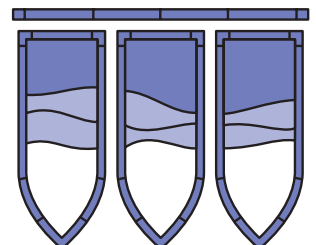
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