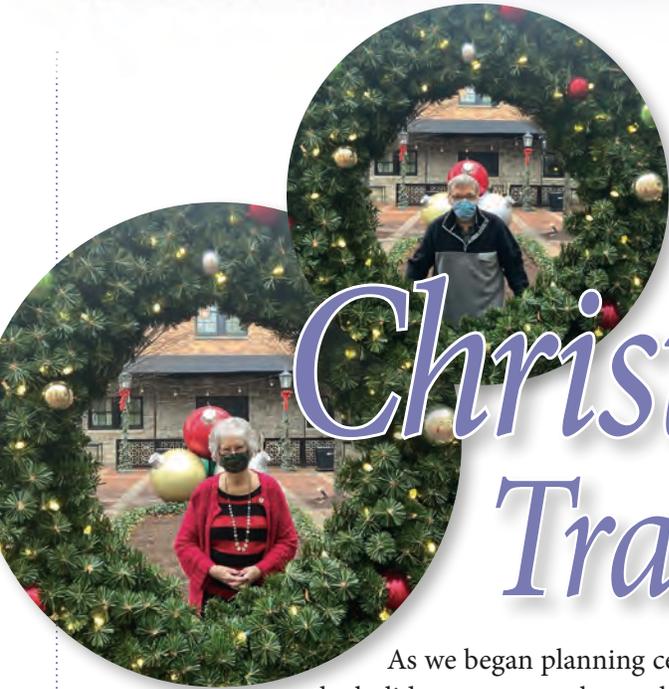


Our Lady
OF THE VALLEY

Serving Seniors for Over 30 Years

650 North Jefferson Street • Roanoke, VA 24016 • 540-345-5111



Star City Winter Christmas Tradition



As we began planning celebrations for the holiday season, we knew that a trip to the iconic Hotel Roanoke was in order! Our residents explored Hotel Roanoke's annual "Fashions for Evergreens" event followed by lunch at Red Robin. With many festive decorations indoors and out, the group had a blast exploring the downtown area located just blocks away from Our Lady of the Valley.



From left to right:
Father Paul Maier, JoAnn Talbott,
Mildred Meador, Jeri Boswell,
Jim Ripley and
Bill Arnold

Putting the Art in Heart

Hearts were the theme of our most recent “Paint and Sip” party in the Conservatory. Residents created one-of-a-kind canvas masterpieces for themselves or their favorite Valentine. They were truly spreading the love.



Mary Margaret Brillhart adds a delicate border around her heart painting.



Snow Day Activities!

Residents were happy to watch the first snow of the season from the comfort of their apartments. Our team takes care of everything so residents don't have to worry about driving on ice, clearing sidewalks, or getting cold. And with so many art projects, games, and other activities to choose from, they are never restless!

Clara Bond holds her shiny new snowflake bauble.



Jeri Boswell (above left) and Frankie Darnall (above right) are happy with their new mini-snowmen.

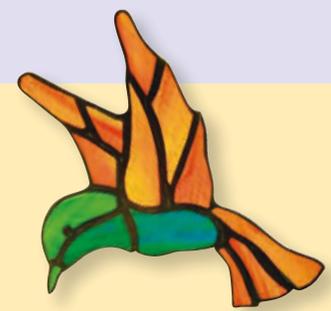
Space for More.

More reflection, more friends, more fun! Several brand-new spaces in our community are being put to great use by our residents and team members. Our serene Chapel—with beautiful, custom stained-glass windows—is a lovely place to pray, meditate, and worship. Residents also love movie nights in our theater (as well as the fresh popcorn and comfy chairs!). For our memory care residents, opportunities abound in the new Christopher Center sunroom, which has space for games, music, crafts, and so much more!

Lillian Hill and Bobby Minter enjoy a snack while playing Bingo in the sunroom.



The Chapel and theater are both beautiful and welcoming spaces for residents and visitors.



The Coordinated Services Management Community Family

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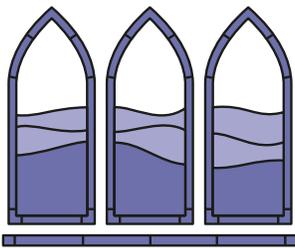


A True Legacy of Caring

Each month, we recognize one “Star” employee—someone with a servant’s heart who demonstrates dedication and hard work each day. November’s award winner was Constance “Connie” Finney. Connie has served as a CNA for 32 and a half years. She is our longest-tenured employee and has cared for seniors at Our Lady of the Valley since the day we opened. We are honored to have her as a pillar of our team and our community. Thank you, Connie, for selflessly shining your light on others for over three decades!



Our Lady of the Valley is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.
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More than care. It's family.

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