Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR—Activity Room MR—3 rd Floor Meditation Room SR—3 rd Floor Sun Room	News—L 11:15—Guess Who?—L 2:00—Dance Exercise—C 3:00—BINGO—C	10:00—Exercise and News—C 10:30—Painting Ceramics—AR 11:00—Rosary—MR 2:00—Buckets—L 6:00—Jeopardy—L	9:30—Bible Study with Pastor AI—C 11:00—Catholic Mass—C 1:30—Valley Store—AR 2:00—Chair Yoga—C 3:00—Cranium Crunches—L 6:30—Come and Worship—C	News—C 11:00—ABC's of Spring—L 1:15—Nail Polishing—AR 2:00—Shopping Outing to	10:00—Dancercise!—L 11:00—Pictionary—L 2:00—BINGO—C 3:30—Simon Says—L 6:00—Total Recall—L	10:30—Exercise and News—C 2:00—BINGO—C 3:30—Unsolved Mysteries—L
10:30—Scenic Bus Ride—L 1:30—Treats and Travelogue—L 3:00—Church Service with Pastor Dan—C	2:00—Dance Exercise—C	10:00—Exercise and News—C 11:00—Rosary—MR 2:00—Salem Senior Singers—C 3:00—Master Gardener—AR 6:00—Library Time with Carol—Library	9:30—Bible Study with Pastor Al—C 10:30—Outing to the Senior Fun and Health Day—L 11:00—Catholic Mass—C 1:30—Hangman—L 2:00—Chair Yoga—C 3:00—Spelling Bee—L 6:30—Come and Worship—C	11 10:00—Exercise and News—C 11:00—Eat, Wear, or Drive?— L 1:15—Nail Polishing—AR 2:00—Shopping Outing to Goodwill—L 6:30—Emmaus Bible Study— C	144 00 NI TI 4T	13 10:30—Exercise and News—C 2:00—BINGO—C 3:30—Car-a-oke Road Trip—L
Catholic Church—L 10:30—Scenic Bus Ride— L 1:30—Treats and Trivia—L 3:00—Church Service—C	News—L 2:00—Dance Exercise— C 3:00—BINGO—C 6:00—Guess the Jelly	16 10:00—Exercise and News—C 11:00—Rosary—MR 1:15—Food Committee Meeting—AR 2:30—Ice Cream Social with Caption Telephones—C 4:30—Dinner Outing to The Roanoker—L 6:00—Charades—L	9:30—Bible Study with Pastor Al—C 11:00—Catholic Mass—C 1:30—Valley Store—AR 2:00—Chair Yoga—C 2:30—Easter Bonnet Contest and Refreshments—C 3:30—Music with the Southern Gentlemen—L 6:30—Come and WorshipC	18 10:00—Exercise and News—C 11:00—Easter Craft—AR 1:15—Nail Polishing—AR 2:00—Shopping Outing to Ollie's—L 6:00—Brain Busters—L 7:00—Music with Family Ties Bluegrass Band—L	19 10:00—Dancercise!—L 10:30—Good Friday Service with Pastor Al—C 2:00—BINGO—C 2:30—Bus to St. Andrew's Catholic Church for Stations of the Cross—L 6:00—Music with Stephen Ward—L Good Friday	10:30—Exercise and News—C 2:00—BINGO—C 3:30—Easter Egg Toss—L
Service—L 8:30—Bus to St. Andrew's Catholic Church—L 10:30—Scenic Bus Ride—L 1:30—Bunny Funnies—L	Theme Lunch 10:30—Monday Morning News—L 2:00—Dance Exercise—C 3:00—BINGO—C 4:00—Pet Visits with Sophie—L 6:00—Earth Day Family Feud—L Earth Day	10:00—Exercise and News—C 11:00—Rosary—MR 1:30—Bean Bag Toss—L 3:00—Valley Derby!—L 6:00—Library Time with Carol—Library	9:30—Bible Study with Pastor AI—C 11:00—Catholic Mass—C 1:30—Valley Lottery—L 1:30—Bridge Group—C 2:00—Chair Yoga—C 3:00—Minute to Win It!—AR 6:30—April Birthday Party!—C	10:00—Exercise and News—C 11:00—Word Toss—L 1:15—Nail Polishing—AR 2:00—Shopping Outing to Walmart—L 2:30—Music with Stone Coal Gap—L 6:30—Emmaus Bible Study—C	10:30—Painting with Laura—AR 1:15—Resident Council—	10:30—Exercise and News—C 11:00—Outing to the Dogwood Festival—L 2:00—BINGO—C
Catholic Church—L 10:30—Scenic Bus Ride— L 1:30—Tasty Treats—L 3:00—Church Service—C	10:30—Monday Morning News—L 2:00—Dance Exercise— C 3:00—BINGO—C 6:00—Brain Games—L	10:00—Exercise and News—C 11:00—Rosary—MR 1:30—Music with the Saxy Keys—L 6:00—Last Letter Game—L		A MANAMA	0 2019 ed Living	

^{* *} Activities are subject to change—all changes will be posted on the daily activity sheet * *

Pictures and Puzzles











