




February 2019

Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
3 8:30—Bus to St. Andrew's Catholic Church—L 10:30—Scenic Bus Ride—L 1:30—Scattogories— L 2:30—Tasty Treats— L Super Bowl Sunday	4 10:30—Monday Morning News—L 2:00—Dance Exercise— C 3:00— 5:30- Double O's—L	5 10:00—Music with Frank—L 10:30- Exercise and News— C 11:00- Rosary— MR 2:00- BINGO— C 3:30- Crafter's Corner— AR 6:00- Family Feud— L	6 9:30—Bible Study with Pastor Al—C 11:00—Catholic Mass—C 1:30—Valley Store—AR 2:00—Chair Yoga—C 3:00—Brain Games— L 6:30—Come and Worship—C	7 10:00—Exercise & News—AR 1:15—Nail Polishing—Library 2:00—Shopping Outing to Dollar Tree—L 3:00—Charades— L 6:00— 7:00— Family Ties Bluegrass— L	8 10:30—Dancercise—L 2:30—Salem Senior Center Line Dancers — C 3:30—BINGO—C 5:30- Are You Smarter Than a 5th Grader?- L	9 10:30—Exercise and News—C 2:00—BINGO—C 3:30—Word Games— L
10 8:30—Bus to St. Andrew's Catholic Church—L 10:30—Scenic Bus Ride—L 1:30- Tasty Treats—AR 3:00—Church Service—C	11 10:30— Monday Morning News— L 2:00— Dance Exercise— C 3:00— BINGO— C 3:30— Pet Visits with Sophie— L 7:00—Music with John Grisetti—L	12 10:00—Exercise & News—C 11:00—Rosary—MR 2:00— Salem Singers—C 3:00—Master Gardener—AR 6:00— Library Time with Carol— Library Lincoln's Birthday	13 9:30—Bible Study with Pastor Al—C 11:00—Catholic Mass—C 1:30—Valley Store—AR 2:00— Chair Yoga— C 3:15— Blurt Word Game— L 6:15—Come and Worship—C Candle Light Dinner	14 Valentine's Day 10:00—Exercise & News—C 1:15—Nail Polishing—AR 2:00—Shopping Outing to Hamrick's —L 2:00— Music with Stone Coal Gap— L 4:00— Sweetheart Social— L 6:30— Emmaus Bible Study— C	15 10:30—Dancercise—L 2:00—BINGO—C 3:30—Snacks and Brain Games—L 6:00—Music with Stephen Ward—L	16 10:30—Exercise & News—C 2:00—BINGO—C 3:00—Piano Music with George, Mrs. Campagnoli's Grandson!- L
17 8:30—Bus to St. Andrew's Catholic Church—L 10:30—Scenic Bus Ride—L 1:30—Tasty Treats— L 2:30—Guesstures— L	18 10:00—Monday Morning News—L 2:00—Dance Exercise—C 3:00— 5:30— Double E's— L	19 10:00—Exercise & News—C 11:00—Rosary—MR 1:15— Food Committee Meeting— AR 2:00— BINGO— C 3:30— Snacktivity— AR 6:00— What's in the Box?- L	20 9:30—Bible Study with Pastor Al—C 11:00—Catholic Mass—C 1:30—Valley Store—AR 2:00—Chair Yoga—C 3:30—Music with Southern Gentlemen—L 6:30—Come and Worship—C	21 10:00—Exercise & News—AR 1:15—Nail Polishing—AR 2:00—Shopping Outing to Gabe's —L 3:00— Crossword Puzzles— L 6:00—Music with Sagewood Band—L	22 10:30—Dancercise—L 2:00—BINGO—C 3:30—Snacks and Brain Games—L 5:30—Friday Night Movie and Popcorn—L	23 10:30—Exercise and News—C 2:00—BINGO—C 3:30—Word Games— L
24 8:30—Bus to St. Andrew's Catholic Church—L 10:30—Scenic Bus Ride—L 1:30—Tasty Treats— L 3:00—Church Service—C	25 10:00—Monday Morning News—L 11:00— Simile Game— L 2:00—Dance Exercise— C 3:00— BINGO— C 3:30—Pet Visits with Sophie—L 5:30—Hangman—L	26 10:00—Exercise & News—C 11:00—Rosary—MR 1:30—Music with the Saxy Keys—L 3:00— Resident Council— AR 6:00—Trivia— L	27 9:30—Bible Study with Pastor Al—C 11:00—Catholic Mass—C 1:30—Valley Store—AR 1:30—Bridge Group—C 2:00—Chair Yoga—AR 3:00—Word Worm— L 6:30—February Birthday Party!—C	28 10:00— Exercise and News— C 1:15— Nail Polishing— AR 2:00— Shopping Outing to Walmart— L 2:30— Music with Stone Coal Gap— L 6:30— Emmaus Bible Study— C	Location Key: L—Lobby C—Conservatory AR—Activity Room SR—3rd Floor Sun Room CR—3rd Floor Card Room P—Porch **Activities are subject to change—all changes will be posted on the daily activity sheets**	