

January 2019

Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Key:</p> <p>L—Lobby C—Conservatory AR—Activity Room</p> <p>MR—3rd Floor Meditation Room SR—3rd Floor Sun Room P—Porch</p> <p>**Activities are subject to change—all changes will be posted on the daily activity sheets**</p>		<p>1 9:15—Outing to Holy Day Mass—L 10:30—Exercise & News—C 1:30—New Year’s Trivia—L 3:00—Brain Games—L</p> <p>New Years Day</p>	<p>2 9:30—Bible Study with Pastor Al—C 11:00—Catholic Mass—C 1:30—Valley Store—AR 2:00—Chair Yoga—C 3:00—John Denver Party—L 6:30—Come and Worship—C</p>	<p>3 10:00—Exercise & News—C 1:15—Nail Polishing—AR 2:00—Shopping Outing to Walmart—L 3:00—Crossword Puzzles—L 6:00—Trivia—L</p>	<p>4 10:30—Dancercise!—L 2:00—BINGO—C 3:30—Snacks and Brain Games—L 5:30—Friday Night Movie and Popcorn—L</p>	<p>5 10:30—Exercise & News—C 2:00—BINGO—C 3:30—Word Games—L</p>
<p>6 8:30—Bus to St. Andrew’s Catholic Church—L 10:30—Scenic Bus Ride—L 1:30—Tasty Treats—L 2:30—Brain Games—L</p>	<p>7 10:30—Monday Morning News—L 2:00—Dance Exercise—C 3:00—BINGO—C 5:30—Brain Games—L</p>	<p>8 10:00—Exercise & News—C 11:00—Rosary—MR 2:00—Music with the Salem Senior Singers—C 3:00—Master Gardener—AR 6:00—Library Time with Carol—Library</p>	<p>9 9:30—Bible Study with Pastor Al—C 11:00—Catholic Mass—C 1:30—Valley Store—AR 2:00—Chair Yoga—C 3:00—Rawhide TV Show Episodes—L 6:30—Come and Worship—C</p>	<p>10 10:00—Exercise & News—C 1:15—Nail Polishing—AR 2:00—Shopping Outing to Dollar Tree—L 2:30—Music with Stone Coal Gap—L 6:30—Emmaus Bible Study—C</p>	<p>11 10:30—Dancercise!—L 2:00—BINGO—C 3:30—Snacks and Brain Games—L 5:30—Friday Night Movie and Popcorn—L</p>	<p>12 10:30—Exercise & News—C 2:00—BINGO—C 3:30—Word Games—L</p>
<p>13 8:30—Bus to St. Andrew’s Catholic Church—L 10:30—Scenic Bus Ride—L 1:30—Tasty Treats—L 3:00—Church Service—C</p>	<p>14 10:30—Monday Morning News—L 2:00—Dance Exercise—C 3:00—Jockey—L 7:00—Music with John Grisetti—L</p>	<p>15 10:00—Exercise & News—C 11:00—Rosary—MR 1:15—Food Committee Meeting—AR 2:00—BINGO—C 3:30—Art—AR 6:00—Trivia—L</p>	<p>16 9:30—Bible Study with Pastor Al—C 11:00—Catholic Mass—C 1:30—Valley Store—AR 2:00—Chair Yoga—C 3:30—Music with the Southern Gentleman—L 6:30—Come and Worship—C</p>	<p>17 10:00—Exercise & News—C 1:15—Nail Polishing—AR 2:00—Shopping Outing to Big Lots—L 3:00—Crossword Puzzles—L 6:00—Trivia—L</p>	<p>18 10:30—Dancercise!—L 2:00—BINGO—C 3:30—Snacks and Brain Games—L 6:00—Music with Stephen Ward—L</p>	<p>19 10:30—Exercise & News—C 2:00—BINGO—C 3:30—Word Games—L</p>
<p>20 8:30—Bus to St. Andrew’s Catholic Church—L 10:30—Scenic Bus Ride—L 1:30—Tasty Treats—L 2:30—Brain Games—L</p>	<p>21 10:30—Monday Morning News—L 2:00—Dance Exercise—C 3:00—BINGO—C 5:30—Brain Games—L</p>	<p>22 10:00—Exercise & News—C 11:00—Rosary—MR 1:30—Resident Council—AR 2:00—Music with the Saxy Keys—L 6:00—Trivia—L</p>	<p>23 9:30—Bible Study with Pastor Al—C 11:00—Catholic Mass—C 1:30—Valley Store—AR 1:30—Community Bridge Group—C 2:00—Chair Yoga—AR 3:00—Make a Pie for National Pie Day—AR 6:30—January Birthday Party!—C</p>	<p>24 10:00—Exercise & News—C 1:15—Nail Polishing—AR 2:00—Shopping Outing to Goodwill—L 2:30—Music with Stone Coal Gap—L 6:30—Emmaus Bible Study—C</p>	<p>25 10:30—Dancercise!—L 2:00—BINGO—Main Dining Room 3:30—Snacks and Brain Games—L 5:30—Friday Night Movie and Popcorn—L</p>	<p>26 10:30—Exercise & News—C 2:00—BINGO—Main Dining Room 3:30—Word Games—L</p>
<p>27 8:30—Bus to St. Andrew’s Catholic Church—L 10:30—Scenic Bus Ride—L 1:30—Tasty Treats—L 3:00—Church Service—C</p>	<p>28 10:30—Monday Morning News—L 2:00—Dance Exercise—C 3:00—Jockey—L 5:30—Brain Games—L</p>	<p>29 10:00—Exercise & News—C 11:00—Rosary—MR 2:00—BINGO—C 3:30—Jeopardy—L 6:00—Trivia—L</p>	<p>30 9:30—Bible Study with Pastor Al—C 11:00—Catholic Mass—C 1:30—Valley Store—AR 2:00—Chair Yoga—C 3:00—Croissant Bar for National Croissant Day—L 6:30—Come and Worship—C</p>	<p>31 10:00—Exercise & News—C 1:15—Nail Polishing—AR 2:00—Shopping Outing to Walmart—L 3:00—Crossword Puzzles—L 6:00—Trivia—L</p>		